



St Paul Regional High School

SCHOOL NEWSLETTER

DECEMBER 2021

School Calendar 2021-2022

- Dec 17—Christmas Luncheon / Dismiss @2 pm
- Dec 20-31—Christmas Break

- Jan 3—School Begins
- Jan 19—Last Day of Regular classes
- Jan 20—Final Core Exams Begin
- Jan 27—School Council Meeting @7pm
- Jan 31—PD Day (Semester Change)

- Feb 1—Semester Two Begins
- Feb 4—Last Day for Course Changes
- Feb 8—Second Semester Pictures
- Feb 16—PD Day
- Feb 17&18—Teachers' Convention
- Feb 21—Family Day
- Feb 24—School Council Meeting @7pm

- Mar 2-4—Graduation Pictures
- Mar 7—PD Day
- Mar 8—Parent Teacher Interviews
- Mar 10—Grade 9 Orientation Night @6:30 pm
- Mar 10—SAINTS SHOWCASE @7 pm
- Mar 21—Spring Break Begins
- Mar 28—School Begins
- Mar 31—School Council Meeting @7pm

- Apr 8—Graduation picture retakes
- Apr 11—Cycle One ends
- Apr 12—Cycle Two begins
- Apr 15-18—Easter Break
- Apr 19—PD Day
- Apr 27—Report Cards Issued
- Apr 28—School Council Meeting

- May 20—PD Day
- May 23—Victoria Day—No School
- May 26—School Council Meeting @7pm

- Jun 15—Last Day of Regular Classes
- Jun 16—Final Core Exams Begin
- Jun 25—Graduation



SPIRIT WEEK

See PAGE 2 for schedule of events.

ALSO:

Friday, December 3: 'Anything BUT a Backpack' Day
Suitcase? Basket? Wagon? You name it— let's see it!

Friday, December 10: Jersey Day
(We will also be making Christmas cards for seniors.)

DIPLOMAS / EXAMS

For the 2021-2022 school year only,
Diplomas will be worth 10% rather than the usual 30%.
A full exam schedule can be found on page 7.

EARLY DISMISSAL

****Friday, December 17 — 2 PM****

SCHOOL FEES DUE

****See page 6 for more information****



Attendance Phone
text

780 - 614 - 3731

It is the responsibility of the parent or guardian to contact the office to report any absences for a student.



Principal's Message

It is hard to believe that three months of school have passed and we are coming into the last month of preparation before final exams. Students tend to relax as semester one comes to a close. It is critical that our students

Mark Tichkowsky, Principal

remain focused, that parents continue to monitor progress and that staff continue quality instruction.

When students return in January they will **begin the first of several diploma exams** starting with English 30-1 and 30-2 **on Tuesday, January 11th**. The **final day for regular classes** will be **on Wednesday, January 19th** with **final exams for all core classes** starting **Thursday, January 20th**. A copy of the exam schedule is enclosed in this newsletter. If for some reason a student is delayed in

arriving at the school, please call the office to pass this information onto the exam supervisor.

Saint's athletics are still going strong at Regional. Boys and Girls volleyball earned second place at the North Eastern Zones. Lions Football made it to Provincials though unfortunately lost out to Provincial Champions the Sexsmith Sabres. In December basketball and curling will begin their pursuit for more green banners and a place on the Provincial stage.

St. Paul Regional High School plays headquarters for Santa's Elves and organizes gifts for children ages 0 – 17 helping to ensure something is under the tree from Santa. We are accepting gifts including monetary donations until December 15th.

We wish everyone a joyous Christmas.

December 2021				
MON	TUES	WED	THURS	FRI
		1 Belgian Waffles Strawberries & Whip'd Cream	2 Mac & Cheese	3 Chicken Caesar Salad
6 Grilled Ham & Cheese	7 Chicken on a Cloud	8 Perogies in Cream (8)	9 Chicken Burger Special	10 Pizza Slices (2)
13 Loaded Hot Dog	14 Chicken Strip Wrap	15 Nacho Supreme	16 Burger Special	17 Christmas Dinner
20	21	22	23	24
CHRISTMAS BREAK				
27	28	29	30	31
CHRISTMAS BREAK				



SPIRIT WEEK

December 13 - 17, 2021

Dec 13 - 17 (all week):

Elf on the Shelf - Scavenger Hunt

Mon Dec 13: *Gingerbread House
Decorating*

Tues Dec 14: *Dodge Ball*

Wed Dec 15: *Christmas Karaoke*

Thurs Dec 16: *PJ Day*

Fri Dec 17: *Ugly Christmas*

Sweater Day/Contest

#GOSAINTSGO

SPAA Girls Volleyball - 15 students, primarily in grades 10 & 11 with one grade 12 student, made up our Girls SPAA Volleyball team. We competed in the SPAA Volleyball League and at the end of the regular season finished 4th overall. At the beginning of the season, not one player had ever played in a high school volleyball game. We had some work to do but Miss Garay and Mr. Smid readied the players for competition. We competed in the SPAA Championship and came 2nd in our pool. We advanced to the playoffs - beating Mallaig in a third set match - and found ourselves in the final vs FG Miller. While we had a very strong start, beating them in the first set - We lost the second set and came short in the third. Despite the loss, we had a very successful season & all of our players improved their skills individually and collectively.

Weekend Team - we had 12 students on our Senior Girls Volleyball team coached by Miss Ozga and Mr. Smid. We enjoyed a very successful season with one tournament win at Holy Rosary, a second place result at our home tournament Tazmania and a third place outcome in Barrhead. We also competed in the NEASAA 3A Girls Volleyball Championship in Fort McMurray where we won all of the games in our round robin without losing a set - beating each team in two straight sets. We competed against Holy Trinity, Father Mercredi and Cold Lake High School. From there we advanced to the semi finals and played JAWS who we also beat in two sets to advance to the final. Our opponent was Holy Rosary - who we had already faced multiple times prior. We had a very strong start to the match dominating early on, but experienced a push back from our rival and we ended up losing the first set 22 - 25. In the second set we had another strong start but gave up the lead half way through the game. We had a late push to attempt to force a third set but unfortunately came a bit short losing 23 - 25. Our season came to an abrupt stop as we wanted to be the team to receive the North East berth to the ASAA Provincial Championships.



Curling has BEGUN!

Practices are Tuesdays from 5:30-6:45 with a league game to follow (players will be given a schedule to let them know what league games they are expected to attend). Looking forward to being back on the ice!



Check out our **SCHOOL STORE** for amazing Saints Swag and UnderArmour gear. New stock arriving weekly. Makes **GREAT** Christmas gifts!

Gift Certificates are also available.

Open daily over the lunch break—located across from the cafeteria.



SPRING SKI TRIP March 9-12

Forms are out for our Spring Ski Trip to Jasper in March. Limited spots are available and we are already over half full—if you have not yet handed in a form & payment, consider doing so soon! Forms and more important information is available in the office.

THANK YOU Special Thanks to our generous 2021 Academic Award Sponsors:



Air Liquid

A Amyotte & Sons

Anne Caouette—Beautiful You

Beauty by Samantha Hatcher

BPK Mechanical

Coldwell Banker Realty

Connie Landsiedel

Floral Enchantment

Grace Gardens

Greg's Value Drugmart

Inter Pipeline

Kay-Leanna Hairstylist

Lakeland Family Eyecare

Lamoureux Culham LLP

MCS Net

Nailed It by Shelby-Lynn Bailey

Nathan Barlad

Nutrien

OptiGrow

SAIK Insurance Services Ltd

Shear Beauty

Shoppers Drug Mart

Solar Flare Tanning

St. Paul Bumper to Bumper

St. Paul Family Dental

St. Paul Home Hardware

St. Paul Royal Cdn Legion

St. Paul Vet Clinic

St. Paul Visual Arts

Family of Weldon Stringer

Tannas Insurance

TD Bank

Town & Country

UFA

Zarowny Motors

GETTING TIRED OF STREAMING... WE CAN HELP!

Come to the library to view available books, or request them using the Regional Library Learning Commons web page

OR

Borrow audio and eBooks from SORA - link available on the school website under the students tab.
<https://www.sprhs.ca/>

<https://opac.libraryworld.com/opac/home.php>

Username: regional Password: (not required)

or find us on the school webpage, under the students tab.

After searching and finding a book you'd like to read, simply click the "request hold" button, then enter your name and email. I'll get the book ready for pick up.

Call the Library at 780-645-4491
and talk to Mrs. Della if you have questions.

YEARBOOK

**The 2020 - 2021 Yearbook
available for PICK-UP!**

Current students (or students with siblings) can pick up books in the library. Graduated students can come to the front office.

This year's 2021-2022 yearbook can be ordered online through SCHOOL CASH ONLINE. There is also a link on our school website under the 'students' tab.

BUY A BOOK

\$60.00 each

www.sprhs.ca



SchoolCashOnline

SCHOOL CASH

School fees will be accepted using School Cash Online in an effort to minimize traffic in our schools and increase efficiency.

School Cash Online helps parents and community members pay school-related fees safely, quickly and easily.

The new system puts all of the school fees available to your student online for purchase. You can then choose to pay

these fees online through different methods, including credit cards, credit/debit cards and eCheck. You can also stay informed and keep track of which school fees require your attention.

You are able to register – a simple task that takes less than five minutes – by visiting :

<https://sperd.schoolcashionline.com>

(If you do not receive an email verification please check your spam folder.)

Please note: You do not need your child's student number. For security purposes St. Paul Education is not using unique student identification numbers. Please ensure "I do not have the student number" is selected when registering.

Also, upon registration you will be asked if you would like to receive notifications via email. **We strongly encourage you to say yes to this request in order to receive future notification of items available to purchase online.**

1 Create an account

2 Add students

3 Make a payment or complete a form

How to create an account

1. Go to <https://sperd.schoolcashionline.com> and click **Register**. You can set a default language at the bottom of the SchoolCash Online site.
 - Type your first name, last name, and email address, and create a password.
 - Select a security question.
 - Select YES to receive email notifications. You will **not** receive any marketing emails. Selecting YES enables the system to send you notifications about school fees and items.
2. SchoolCash Online will send you a registration confirmation email. If you do not receive it, check your Spam folder.
3. Use your email address and password to log in.

1 Create an account

2 Add students

3 Make a payment or complete a form

How to add a student to your account

1. Sign in to SchoolCash Online through <https://sperd.schoolcashionline.com>.
2. From the menu at the top of the page, navigate to MY ACCOUNT.
3. From the dropdown menu, select My Students.
4. Click to add a student.
 - Type in your School Board Name.
 - Select your school name from the list.
 - Enter student details. The system is fully secure, with [PCI certification](#).
 - Click Confirm.

1 Create an account

2 Add students

3 Make a payment or complete a form

How to make a payment or complete a form

1. You will be able to view any available items or forms attached to your students that are set up on your account.
2. Select the item which you would like to purchase/complete and click "Add to Cart."
3. Once you have finished adding items to your cart, click "Continue".

You can pay or submit a form for multiple students' items in one checkout.

ST PAUL REGIONAL HIGH SCHOOL
January 2022 Exam Schedule

Tuesday, January 11	9:00—12:00	English 30-1 Part A (26) English 30-2 Part A (18)	Room 29,33,39
Wednesday, January 12	9:00—12:00	Social St 30-1 Part A (27) Social St 30-2 Part A (15)	Room 29,33,39
Wednesday, January 19	9:00—12:00		
	1:00—3:30	FRENCH 30 Part A	Rm 220, 230
Thursday, January 20	9:00—12:00	Math 30-1 (18) Math 30-2 (16) Math 20-1 (25) Math 20-2 (15)	Gym
	1:00—3:30	Math 20-3 (17) Math 30-3 (8)	Gym
Friday, January 21	9:00—12:00	English 30-1 Part B (26) English 30-2 Part B (18)	Room 29,33,39
		English 10-1 (44) English 20-1 (30)	Gym
	1:00—3:30	English 10-2 (16) English 20-2 (26)	Gym
Monday, January 24	9:00—12:00	Social St. 30-1 Part B (27) Social St. 30-2 Part B (15) Social 10-2(21)	Gym
	1:00—3:30	Social 20-1 (18) Social 20-2 (20)	Gym
Tuesday, January 25	9:00—12:00	Biology 30 (20) Biology 20 (33)	Gym
	1:00—3:30	Math 10C (34) Math 10-3 (24)	Gym
Wednesday, January 26	9:00—12:00	Chem 30 (14) Chem 20 (33)	Gym
	1:00—3:30	Science 24 (15) Social 10-1 (46)	Gym
Thursday, January 27	9:00—12:00	Physics 30 (15) Physics 20 (9) Science 14 (13)	Gym
	1:00-3:30	Science 10 (52)	Gym
Friday, January 28	9:00—12:00	Science 30 (20) Science 20 (10)	Rm 220, 230

SPRHS

CAREER CORNER

Mrs. Morrison Ph: 780-614-7458 morrange@sperd.ca | Mrs. Kaprowski Ph: 780-645-4491 kaprmarg@sperd.ca

IMPORTANT DATES

Dec 1: USask deadline to apply for admission to be eligible for the Best & Brightest Scholarship

Dec 1: Bow Valley College applications open for Winter 2023

Dec 1: NAIT School of Business virtual info session @ 7pm

Dec 8: Augustana virtual presentation @ 4-5pm

Dec 9: MacEwan University Drop in Q&A @ 5pm

Dec 9: NAIT Health Program Interview Workshop @ noon

Dec 13: UAlberta Engineering webinar @ 5-6pm

Dec 15: MacEwan University virtual Presentation @ 7pm

SCHOLARSHIPS

- Dec 1 : UCalgary Prestige Awards and Terry Fox Humanitarian Award
- Dec 15: Deadline to apply for the USASK Best & Brightest Scholarship
- Jan 12: UAlberta entrance scholarships (webinar Dec 16)
- Jan 15: STEAM Horizon Awards
- Jan 21: Canadian Women in Municipal Government Scholarship
- Feb 28: Don Mazankowski Scholarship

More scholarship information can be found on our school website at www.sprhs.ca/scholarships

DIPLOMA EXAMS

Following recent government announcements, the diploma exams are mandatory in the 2021/22 school year. However, due to learning disruptions caused by the pandemic, the weighting of diploma exams will be temporarily reduced to 10% for this school year only.



Stay in the loop about important dates and upcoming events. To sign up, please download the **REMIND** app and join our class using this code: **@sprhs12**

JOB SHADOWING DURING A PANDEMIC

Have you ever been interested in a job, but not quite sure what they do exactly? Why not ask if you can job shadow! This is a way to follow a working professional for a half day or full day to see if the position is right for you.

With Covid restrictions, if you can't job shadow, ask if you can send them some questions to answer or set up a

phone/virtual meeting. During Covid, our students have connected with people all over Canada and even the US to discuss a wide variety of jobs.

With more information about your industry of interest, you can make a more informed decision about your future and start networking early.

Santa's Elves **TOY DRIVE 2021**



St. Paul Regional High School is Santa's Elves workshop HEADQUARTERS 2021!

We are in need of donations for the Santa's Elves workshop. Here at Regional we will be collecting, wrapping and joining the Town of St. Paul with their Community Christmas Hamper Program. This helps families in our community who are in need at Christmas.

This year, we are kindly asking for the communities support in providing **monetary donations** in lieu of toys/clothing/books etc. We will gladly take ANY donations—but are doing our best to keep Santa's Elves safe given the circumstances of COVID-19.

Please submit donations to Regional High School at the main office or **etransfer** santaselves.sprhs@gmail.com before **December 15, 12pm.**

Group donations are welcome too. Set up a donation box or collect money within your office or organization and donate it to the school for purchasing gifts.

For more information you can contact Dawn at
St. Paul Regional High School **780-645-4491.**



A person is sitting on a light-colored, textured couch. They are holding a silver laptop. The laptop screen displays the words "MENTAL HEALTH" in large, bold, black capital letters. The person's right hand is visible, holding a pen over a piece of paper. They are wearing a light-colored long-sleeved shirt and a black wristband. A green plant is in the foreground, partially obscuring the laptop. The background is a wooden floor.

**MENTAL
HEALTH**

Rachel Didychuk
Family School Liaison Worker
didyrach@sperd.ca

Digital Detox

December

Disconnect from your devices to reconnect with yourself, friends, and family.

- Turn off notifications
- Put your device on "Do Not Disturb"
- Limit your time on social media

"Wherever you are, be all there"

- Jim Elliot





Happy Holidays!



Resources



Supportive Resources - St. Paul Regional High School
Webpage

Healthy Together - A guide to family and home life
during COVID-19

Mental Wellness Moments with Dr. Nicholas
Mitchell

mindyourmind.ca - Mental Health Resources



Encouraging Mandatory Employee Vaccination Joint Letter - Update: The Ministers of Education and Health sent a letter in October strongly encouraging the implementation of a vaccine mandate for school division staff. Any potential vaccine mandate would not include students. The Board asked Superintendent Brodziak to gather more information before even considering an administrative policy. The superintendent is still in the process of collecting information and considering the following:

- Occupational Health & Safety requirements for employers including [COVID-19 as a workplace hazard](#):
 - Orders from the Chief Medical Officers of Health
 - Type of work and duration of interactions
 - Vaccination rates for St. Paul area communities (As of November 10, current statistics show County of St. Paul - 47.7% of those eligible are fully vaccinated, County of Two Hills - 36.9% fully vaccinated). The provincial average for those eligible to be vaccinated is 81.2%.
 - Medically fragile students as shared by parents
 - The number of vaccinated workers. As part of this process, an anonymous, voluntary survey was sent out to employees which is open until the end of the day November 10. Previous requests for a platform for staff to share their feedback was honored with a comment section. Data at the time of meeting indicated 84.2% are fully vaccinated, 0.8% with one dose and 15.0% unvaccinated. Approximately 7/10 employees have indicated that they support a mandate.
- Reference documents:
 - [Alberta Teachers Association \(ATA\) - Covid-19](#)
 - [Education Act](#)
 - [Alberta Human Rights Commission](#)
 - As per legal counsel, both the Nuremberg Code and Charter of Rights do not prevent the implementation of a vaccine policy.
- Operational considerations such as increases in sub costs and staff shortages.
- Site specific concerns as expressed by community members and school administrators.
- Insurance premiums: These may rise without a mandate which would be an annual fee. As 70% of taxpayer money is assigned to staffing, insurance increases would most likely come from that area. It is uncertain what insurance may or may not cover, which could significantly expose the board in the event of any legal proceedings arising from illness.
- The Board received correspondence from a group of 156 concerned parents regarding a possible vaccine mandate for staff in division schools. At the group's request, the letter has been entered into public record. The letter can be found [here](#).
- Superintendent Brodziak will continue to collect relevant information with the goal of having a recommendation for the Board at the December meeting.

Superintendent Brodziak shared a reminder to staff members of their fiduciary responsibilities to their employers. He also recommended that the trustees participate in a legal presentation in regards to their responsibility, risks and liability as it relates to the question of a vaccine mandate. There have been requests to open schools to spectators for sports. Administrators discussed options but found there would be pressures on volunteer coaches and risks related to monitoring. If a mandate were in place as an additional control to others like masking and spacing, it might be possible to allow a limited number of spectators.

Covid Update: Outbreak status (10+ cases) was declared in two schools, FG Miller and Ecole St. Paul Elementary School (SPECS). When 14 calendar days pass without any new cases, a school is removed from outbreak status. At SPECS, two classes were also moved to exclusion status (online learning for the whole class for ten calendar days). Because it is a K-6 school, Alberta Health Services provided SPECS with 10 rapid tests for each student and staff member. The rapid test program participation is optional. Superintendent Brodziak reported on the status of school stress levels. Various schools are at different places but overall the system is stressed. Sub costs are higher for the months of September and October than have been in previous years.

Bus Contractor Committee: The Bus Contractor Committee met over the past week to discuss significant insurance cost increases for independent contractors and bus operators. The Board approved a motion to offset a portion of the insurance cost increase to bus contractors for the 2021-22 school year.

Rural Caucus Annual General Meeting (AGM): Trustees are invited to attend the Rural Caucus virtual AGM on December 16, 2021 from 9:30 a.m. to 12:00 p.m. It is a group that lobbies for rural issues such as transportation, mental health services, and funding for rural schools.



Alberta School Boards' Association Fall General Meeting 2021-22 Positions: A number of policy positions will be presented including an Omnibus Amendment, Internet for All, Ministerial Approval for Transfers from Accumulated Surplus, Environmental Education and Diploma Exams and Provincial Assessment Tests. These will be discussed at the upcoming meeting.

Alberta Catholic School Trustees' Association: The Annual General Meeting is being held this Saturday, November 13. The meeting will be virtual this year.

New Myrnam School Sponsorship Request: Trustees reviewed a request from New Myrnam School for private sponsorship of Girls Volleyball Hoodies. The request for sponsorship was approved by the Board.

Superintendent's Report

- After careful review of parent communications and holding two separate administrators meetings with schools, Superintendent Brodziak recommends continuing with not allowing spectators at school-based sports at this time.
- Remembrance Day ceremonies were held in schools on November 10, 2021. St. Paul Education honours all those who currently fight or have fought for our given freedoms.
- Our division scholarship presentation will soon be going out virtually, recognizing those students who received scholarships for the 2020-21 school year. The division would like to thank our local sponsors for their ongoing support of our division scholarship program.
- Congratulations to Assistant Superintendent Patricia Gervais on her retirement at the end of November. She has been a cornerstone to our division and central office and will be missed.

Financial Report

Secretary-Treasurer Champagne shared information and an update on the division audit. The auditors will present their report on November 29th, 2021. The division received \$167,580 for the Learning Loss Grant, which will help the division address gaps in instruction for students in Grades 1-3 as a result of the Covid-19 pandemic.

Reports

Alberta School Boards Association (ASBA) Zone Report: Four new members were elected to the executive. Topics discussed included a mentorship program for Board chairs and diploma exams.

ASBA Curriculum Focus Group Update: Three Board chair focus groups are being engaged to give feedback about curriculum. Currently fewer than 2% of schools in the province are piloting the new draft curriculum.

Trustee Attendance Schedule: Trustees shared their meeting schedules for the upcoming month.

Correspondence

Learning Disruption & Covid Support: St. Paul Education received funding for 342 Grade 2 and 3 students for targeted programming in literacy and numeracy. Terms of the grant are quite extensive. Communication with Alberta Education is ongoing on how to best meet the needs of our students.

AP 100 Three Year Education Plan: All changes were made to align with the new Assurance Model plans and requirements.

AP 101 Annual Education Results Report: All changes were made to align with the new Assurance Model plans and requirements.

AP 102 School Education Plans and Results Reports: All changes were made to align with the new Assurance Model plans and requirements.

Alberta Risk Managed Insurance Consortium (ARMIC) Transportation Funding Letter: Trustees reviewed a letter from the consortium in regards to rising insurance costs for operating school transportation.

ARMIC Mandatory Vaccination Policy: Trustees reviewed a letter from the consortium in regards to a proposed vaccine mandate.

Archbishop's Invitation: Board Chair Starosielski and Superintendent Brodziak were invited to meet with the Bishops of Alberta as well as colleagues across the province to explore collective wisdom and share what new opportunities exist to strengthen the role of all partners in the Catholic education system. Grateful Advocates for Catholic Education (GrACE) was a topic of conversation.

Alberta School Employee Benefits Plan Trustee Report: The Board can expect a call for nominations.

Greater St. Albert Letter: Greater St. Albert Catholic Schools is seeking the Division's support for a letter to the Minister of Education asking for the suspension of Provincial Achievement tests for this current school year.

Black Gold Letter: Black Gold School Division is seeking support for their letter written to the Province about concerns with rising insurance rates for bus contractors.