St Paul Regional High School

4701 – 44 STREET ST. PAUL, AB T0A 3A3
PH. 645-4491 FAX 645-3279

OCTOBER 2019

School Calendar 2019-20

- ***Oct 10***—PD day
- ***Oct 11***—Local ATA PD day
- ***Oct 14***—Thanksgiving day
- ***Oct 15***—Picture retakes
- ***Oct 24***—Parent Teacher Interviews 6-9 PM Gym
- ***Oct 29***—School Council Meeting Rm 115 7 pm
- ***Nov 01***—Cycle One Ends
- ***Nov 04***—Cycle Two Begins
- ***Nov 05*** — Post Secondary Night 6—8 PM Gym
- ***Nov 11***—Remembrance Day
- ***Nov 12***—PD day
- ***Nov 15***— Academic Awards Ceremony 9 AM & 7 PM (Gr. 12 only)
- ***Nov 20***—Report Cards Issued —Team XV
- ***Nov 28***—School Council Meeting Rm 115 @7 pm

- ***Dec 20***—Christmas Luncheon / Dismiss at 2 pm

- ***Jan 06***—School Begins
- ***Jan 17***—Last Day of Regular classes
- ***Jan 20***—Final Core Exams Begin
- ***Jan 30***—School Council Meeting Rm 115 @7 pm
- ***Jan 31***—PD Day

- ***Feb 03***—Semester Two Begins
- ***Feb 04***—Second Semester Pictures
- ***Feb 06***—Last Day for Course Changes
- ***Feb 12***—Early Dismissal 2 pm
- ***Feb 13 - 14***—Teachers' Convention
- ***Feb 17***—Family Day
- ***Feb 27***— School Council Meeting Rm 115 7 pm

- ***Mar 4—6*** —Graduation Pictures
- ***Mar 9*** —PD Day
- ***Mar 10***—Parent Teacher Interviews 6-8 pm Gym
- ***Mar 12***— Grade 9 Orientation Night 6:30 pm
- ***Mar 12***—SAINTS SHOWCASE @7 pm
- ***Mar 19***—School Council Meeting Rm 115 7 pm
- ***Mar 23***—Spring Break Begins
- ***Mar 30***—Return from Spring Break

- ***Apr 1—9*** — April diploma exams
- ***Apr 03***—Graduation picture retakes
- ***Apr 10—13***—Easter Break
- ***Apr 15***—Cycle one ends
- ***Apr 16***— Cycle two begins
- ***Apr 22*** — Report cards issued—Team XV
- ***Apr 30***—School Council Meeting Rm 115 @7 pm
- ***May 15***—PD Day / No School
- ***May 18***—Victoria Day
- ***May 28***—School Council Meeting Rm 115 @7 pm

- ***Jun 05***—PD Day No School
- ***Jun 16***—Last Day of Regular Classes
- ***Jun 17***—Final Core Exams Begin
- ***Jun 27***—Graduation
- ***June 29***—PD Day

Come check out your student's progress this year by attending:

- ***October 24th***
- ***6:00-9:00 pm***
- ***Gymnasium***

2019/20 Initial Parent Grad Meeting

Get involved in planning your GRAD.

When: Tues, Oct 22nd
Where: Fine Arts Theatre
Time: 7 pm

Keep informed by checking us out on Facebook and Twitter. Newsletters are posted on our website.

If you have not paid your school or athletic fees, please come to the office or call (780)654-5384 to make arrangements.

École Régionale St. Paul Regional School

4701 – 44 Street
St. Paul, Alberta
T0A 3A0

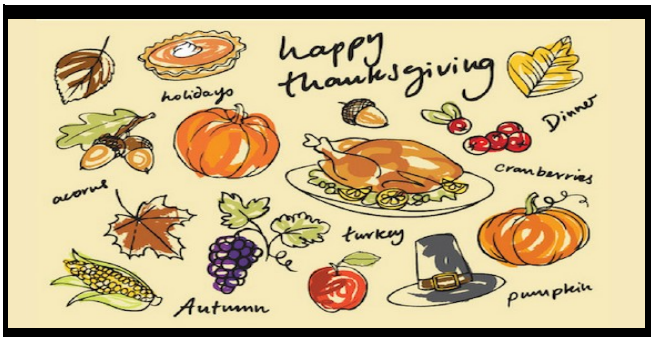
Phone: (780)645-4491
Fax: (780)645-3279

Message from the Principal:

Mark Tichkowsky, Principal

September was a busy month with many activities including our Week of Welcome, Orange Shirt Day Event, Lion's Friday Night Lights and Tazmania Volleyball Tournament. TEAM XV is once again up and running. This year Team XV will be meeting every Wednesday from 10:05 to 10:40. Groups of students have been matched with a teacher that will follow and guide them throughout their time at high school. During this time students will have the ability to go for enrichment activities, finish up homework or take a mind break in the gymnasium. This mentorship will help students create attainable goals through the "My BluePrint" program. Our objective is to build strong relationships between staff and students and have a more goal-oriented high school.

In sports our Lions football team has a record of 2 and 2 in the Wheatland Football League. The girls and boys' golf team finished 1st at North East Zones and went on to provincials in Red Deer. Cross country running teams competed at Ross Lake with the girls and boys winning the SPAA banner. In volleyball, our home tournament TAZMANIA was a huge success with 32 teams competing. Congratulations to the boys and girls Saints for placing 1st & thank you to all of the volunteers, coaches and players for your hard work.



Cafeteria Menu Oct 2019

	THURS	FRI		
	1 Perogies in cream, lazy cabbage casserole	2 Taco in a bag comes with salsa, sour cream, seasoned beef, diced green onions	3 Fettuccini Alfredo with Italian vegetables	4 Chicken on a cloud
7 Pot stickers, ginger beef & rice w/ oriental vegetables	8 Chicken Pita with Greek Salad	9 Roast ham, mashed spuds, gravy, peas & carrots	10 PD DAY	11 PD DAY
14 Thanksgiving Day	15 Pork Kabob with pasta salad	16 Chicken Enchilada Casserole w/ Mexican rice	17 Beef Tortellini in Marinara sauce, green beans	18 Burger special w/ fries
21 Sweet & sour meatballs & fried rice	22 Chicken souvlaki on a bed of rice	23 pulled pork nachos	24 Stuffed manicotti with Caesar salad	25 Cheeseburger pie w/ tossed salad
28 honey garlic pork, rice, California vegetables	29 pita sandwich with Greek pasta salad	30 Enchilada Casserole with green salad	31 lasagna w/ garlic breadsticks	

PICTURE RETAKES

- ***Tuesday, Oct 15th***

@ Fine Arts Theatre

PARENT-TEACHER INTERVIEWS

- ***Thursday, Oct 24***

6:00—9:00 pm @ gym

2019 GRAD MEETING

- ***Tuesday, Oct 22***

7:00 pm @ Fine Arts Theatre

SCHOLARSHIP 101 PRESENTATION

- ***Thursday Oct. 24***
- ***8:00—9:00 pm @ Room 40***

SAINTS ATHLETICS | UNDER ARMOUR

Lions Football

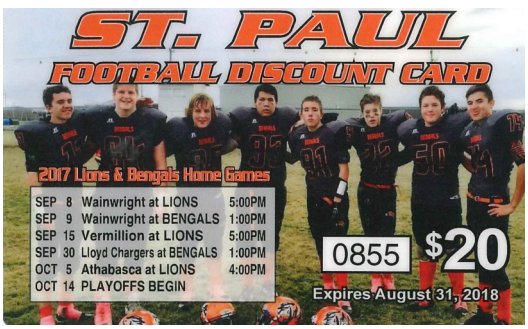
- October 4th—Lions vs. Wainwright (AWAY)
- October 10th— Lions vs. Lloyd Comp (AWAY)
- Playoffs Oct 18-19th
- League Championships Oct 25-26th

Golf Team

Our boys and girls teams competed at Zones in St. Paul on Sept 16th, both took home the first place NE zone banners (3a/4a). Both teams earned spots at ASAA golf provincials scheduled for Sept 22-24 2019. Way to go teams!

Lions Football Fundraiser

Get your discount card today and save at local businesses. Any player or coach will have cards you can purchase or stop by the school office.



Curling

Curling is almost underway - ice is being put in and practices will be starting soon! Please bring in your curling fees ($150) and a uniform/curling jacket deposit ($110) to Mrs Noel by October 25th.

Practice/Game dates:

- **Mandatory Practices - (Start TBA)** Wednesdays 3:45 - 5:00 pm.
- **Additional practices** will be held Sunday evenings (some optional) (Start TBA)
- **Game days** will be Tuesday or Thursday (Schedule TBD)

The only place SUCCESS comes before WORK is in the dictionary

SAINTS ATHLETICS | UNDER ARMOUR

Volleyball

The SPAA ladies Team played their first league games on Wednesday, September 25. They played Vilna and Kehewin. The girls won both matches improving their game with every set played. *The Tournament Ladies Team* attended the U of A volleyball tournament September 6 & 7. The team placed 6th in Tier 4.The following weekend the team travelled to Sherwood Park. After many good matches, the ladies lost out in the quarter finals. the third set.

The Saints men's volleyball team has a great start to the season. During their first weekend of competition at the U of A tournament the team finished 14th /32 teams. The following weekend the team would finish 6th/2o teams in Sherwood Park after finishing first in their pool they lost to St. Marys out of Calgary. During Tazmania the Men's team would not lose a single set all weekend en route to their 3rd consecutive championship, getting big wins over, Holy Rosary, Louis St. Laurent, and Cold Lake. The month of October will see the team travel to Barrhead & Stony Plain as well as start their SPAA season.

Regional hosted their annual Tazzmania Volleyball Tournament Sept 27 & 28, in which both our male and female volleyball teams competed. Both teams faced Louis St. Laurent in the Semi final and Cold Lake High School in the finals, each team finishing with a win! The boys won their final in straight sets an the girls won in the third set.

“Both teams are looking good and have some solid results with big early wins against some strong teams and schools much larger than Regional. We definitely have a strong athletic program and our volleyball teams play a big role in that success”
- Coach Smid

The only place SUCCESS comes before WORK is in the dictionary

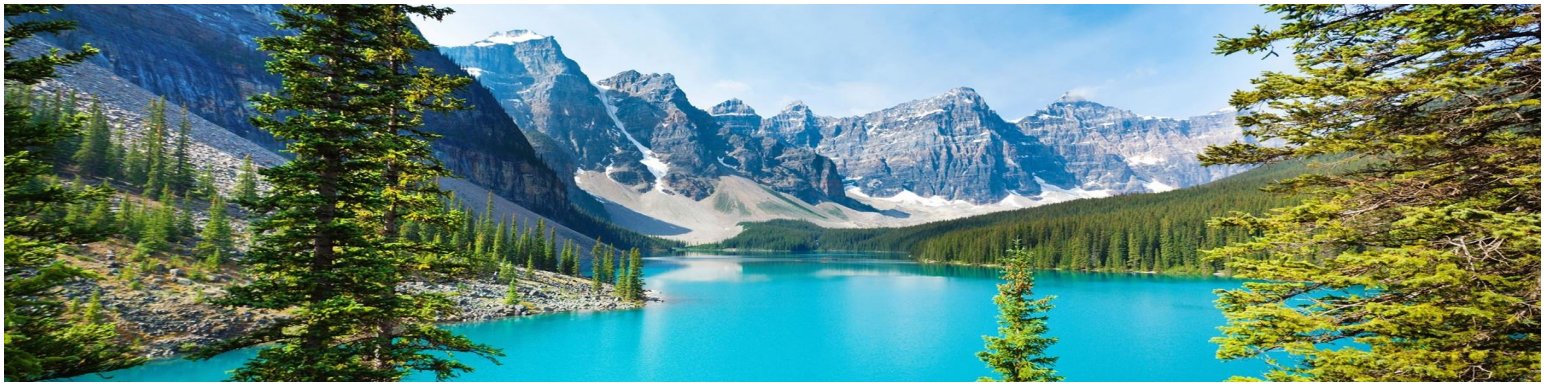
Cross Country Running

On Thursday, September 26 twenty-five students braved the cold and rain to participate in the SPAA cross country running event. Together this team of students brought home both the Girls and Boys high school SPAA banners. Coaches Hank Smid, Tim Penner, and Sasha Levesseur now prepare students for the Zone competition coming up on October 9 at Ross Lake.

Regional Outdoor Club

The Outdoor Club was off and running at the beginning of this school year with a trip planned for the third weekend of school. A group of enthusiastic students were all signed up and ready for a great time adventuring in the mountains. With a minor delay and unexpected "day trip" in Ponoka along the way, our group made it to their destination in the beautiful Banff region Thursday evening. Friday was perfect weather for hiking and the group made their way up towards Stanley Glacier just south of Castle Junction, where they enjoyed a nice lunch amongst huge boulders & even found a few fossils. The group then made their way back to camp for supper & finished off the day hot springs. After packing up on Saturday they stopped to climb Mt. Yamnuska, & although the group didn't quite make it to the top they had a great hike. After an Ice cream pit stop in Cochrane the group was homeward bound.

We are already looking forward to the outdoor clubs plan to head back to the mountains for a skiing trip in March 2020—more information TBA!



Santa's Elves

HELP! We are in dire need of gift and monetary donations for the Santa's Elves workshop. Here at Regional High School we collect, wrap and deliver gifts to the Knights of Columbus for their Christmas Hamper Campaign. This helps local families within our community who are in need at Christmas. Please note that we can not accept items that have been used (even If they are gently used). For further information contact Christy @ 780-645-4491.

HUGE
Blow-Out Sale
Month of October

Christmas Gifts

Check out our new stock!

- •Grad Hoodies
- •Back Packs
- •Shorts
- •Vests
- •Sweats
- •T-shirts
- •Hats
- •Scarves
- •Tanks
- •Leggings
- •Hoodies
- •Team Gear
- •Yoga Pants

Available to students & parents in our community.

We welcome company orders. Call Corey at (780)645-4491

The Store is located by the cafeteria. Open during lunch hour.

ALERTUS®

SAINT PAUL REGIONAL HIGH SCHOOL
Here for the Future
Est. 1971

Dear Parent/Guardian,

RE: New Alertus Bus Notification System

We are excited to inform you that St. Paul Education Regional Division No. 1 has implemented a new bus notification system for parents/guardians. This system is called ALERTUS and will send **push notifications (pop-up message on your phone)** to your cell phone advising you of any delays/cancellations or other significant changes to a **respective bus route(s).**

In order to utilize this notification service, you will be required to download the free ALERTUS Recipient App. The app is available on the App Store for Apple devices and the Google Play Store for Android devices. The app will allow you to choose notifications specific to your child's/children's bus route (instructions are included with this letter).

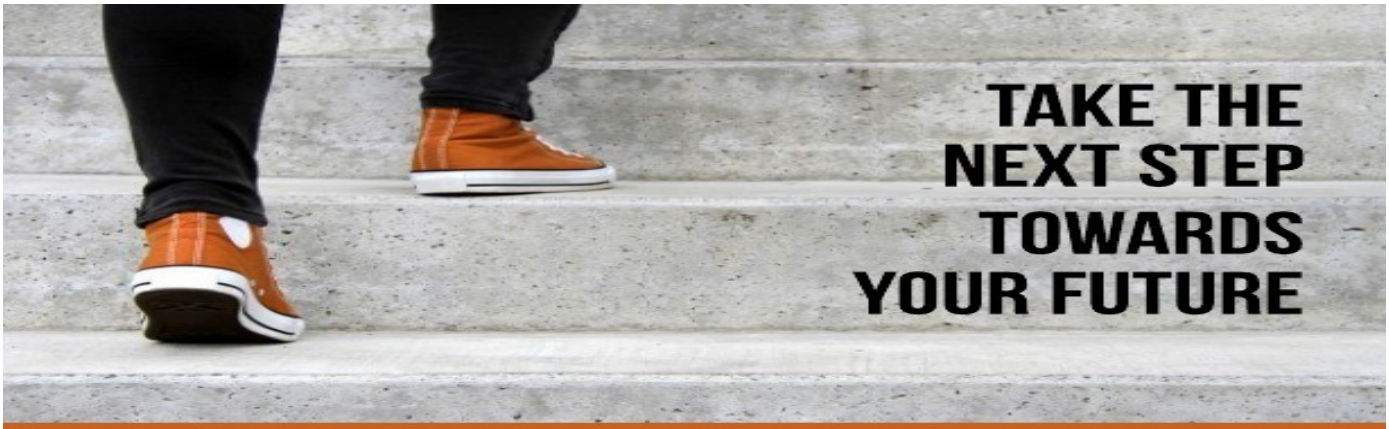
As always, our top priority is student safety and Alertus is another tool to provide you with timely and accurate information. Please note that in more serious situations you will still receive a personal phone call from your bus driver or a St. Paul Education employee.

The "Bussing Schedule" on the website will still continue to be updated.

If your child rides a bus, we encourage you to sign up. If you are having trouble logging in or require additional assistance please call our St. Paul Education office at 780-645-3323.

Sincerely,

Doug Fedoruk
Director of Facilities and Transportation



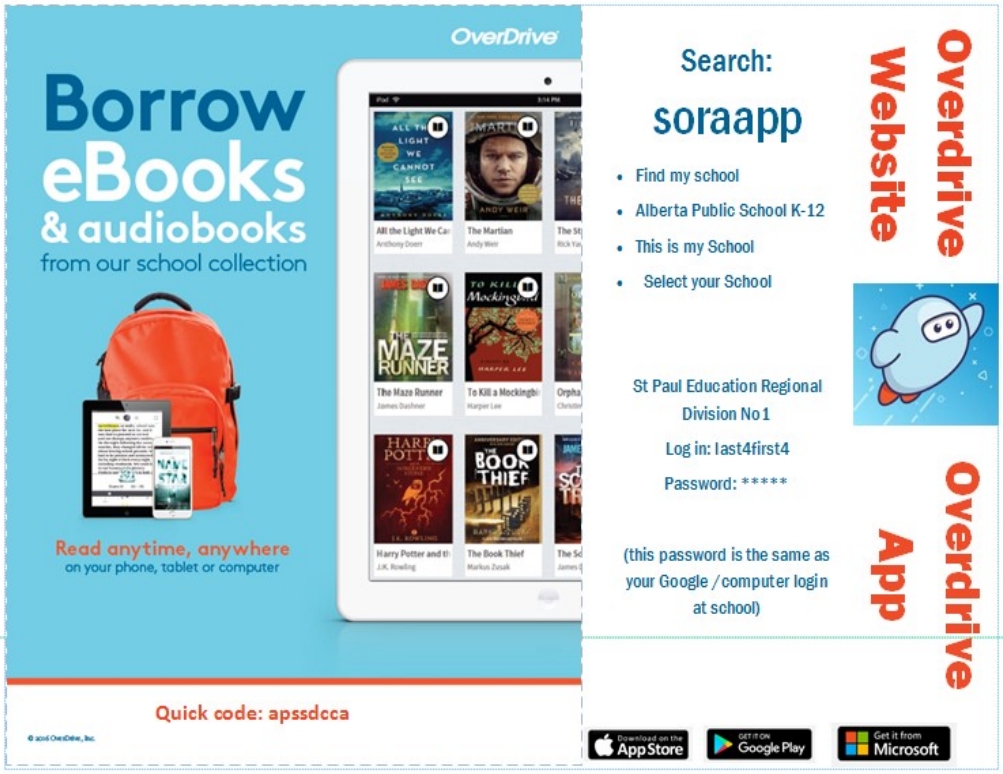
POST-SECONDARY NIGHT 2019

TUESDAY, NOVEMBER 5, 2019
@ ST. PAUL REGIONAL HIGH SCHOOL
6:30 - 7:30 PM
IN THE GYM

HOSTED BY

ELAA

St. Paul Education Regional Division No.1



Picture Retake Day is October 15th.
Order forms are available in the office.
Students do not have to purchase a package but **must have photos taken for ID cards and student files.**

Freedom is the right to be wrong, not to do wrong —John diefenbaker

OCTOBER 2019

SPRHS CAREER CORNER

Mrs. Morrison Ph: 780-614-7458 morrange@sperd.ca | Mrs. Kaprowski Ph: 780-645-4491 kaprmarg@sperd.ca

IMPORTANT DATES

Oct 1: First day to apply to many post-secondary schools. RDC and UCalgary also open their scholarship applications

Oct 3: Portage College Open House in St. Paul @ 4:30-6:30pm

Oct 5: UCalgary and The King's University Open house

Oct 9: Field Trip to The King's University & Concordia University of Edmonton (forms are in the office)

Oct 18: Open House for NAIT, SAIT, Olds College, and Augustana Campus

Oct 19: Open House for NAIT, SAIT, Concordia, UAlberta, Bow Valley College,

Oct 24: Scholarship 101 presentation @ 8-9pm in room 40

Oct 25: Field Trip to Lakeland College Open House (Vermilion campus) * FREE APPLICATIONS (forms are in the office)

Oct 26: Open House for Mount Royal University, Lakeland College, ULeth and NorQuest College

Oct 29: MacEwan University @ SPRHS - offering 1 on 1 meetings, on the spot early admission, classroom presentations and even an evening presentation with faculty and alumni. Parents are welcome to attend.

OPEN HOUSE

October is a busy month for Open Houses at post-secondary schools across Alberta. An Open House is a day or two each year, where everyone is welcome to visit a college or university campus to learn more about the programs and services they offer. Many high school students are still unsure what they want to do and where they want to go after they graduate from high school. Attending an open house will definitely help you explore some options and give you a better understanding of the school and program you are interested in. Get a list of all open houses from your Career Counsellor or visit www.sprhs.ca/career-events-calendar

SCHOLARSHIP 101

On Thursday, October 24th, we are hosting our school's Parent/Teacher Interviews @ 6-9pm. Our Career Counsellors will also be available during this time to discuss your child's goals and to share important information.

During the same night, we are hosting a SCHOLARSHIP 101 presentation for any grade 12 parents @ 8-9pm in room 40. During the presentation, we will go over the difference between scholarships, bursaries, and loans, as well as where parents can find and get information about scholarships.

POST-SECONDARY NIGHT - NOV 5, 2019

Can't go see a college or university because it's too far away? No problem! Come to St. Paul Regional High School on November 5th at 6:30-7:30pm in the gym. Everyone is welcome, so bring your parents too! We will have over 20 post-secondary schools in attendance, also the RCMP and Canadian Forces.

This is a great chance to ask questions and learn more about your options after high school. Did I mention you get a goodie bag just for coming and we have a BIG college essentials draw prize that you can put your name into. Trust me, you don't want to miss this event that happens only once a year!

REMIND

Unfortunately we had some issues with our REMIND account last month and so we want to ensure all of our grade 12 students and parents can sign on to receive messages about important dates/deadlines, as well as scholarship information and reminders.

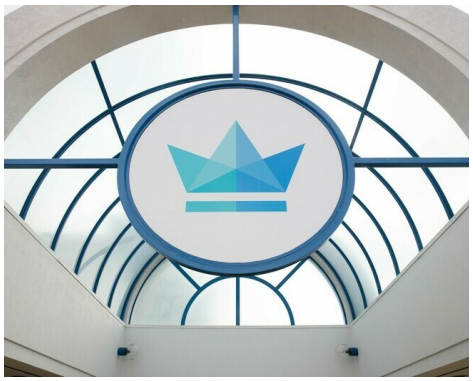
It's working better to manually add students and parents to the class. Please text me your name at 780-614-7458 if you want to receive text messages .

OR if you already have the REMIND app your phone, you can join our "class" by entering **@sprhs12**

If you missed the ApplyAlberta help sessions last month, please make an appointment with Mrs. Morrison for help getting it setup and applying to post-secondary. Some programs are very competitive and fill up quickly.

applyalberta
Alberta Post-Secondary Application System
CLICK

EVENTS HAPPENING @ SPRHS



We have some exciting field trips and events happening in October at SPRHS.

- October 9th, we are taking a field trip to The King's University and Concordia University of Edmonton to tour campus and learn more about the programs/services and the advantages of starting at a smaller campus. This trip is open to all students. Come grab a field trip from from the office.
- October 25th, we are bringing a bus load of students to Lakeland College in Vermilion to take part in their Open House. Students get to explore campus and their programs, Try A Trade, and even you can apply for FREE that day!!! To join us, grab a field trip form from the office.
- October 29th, we are planning a full day of MacEwan University at SPRHS. They will be offering one on one meetings with students or parents (please book a time through Mrs. Morrison), classroom presentations, and an evening presentation, which will include some of their faculty and alumni students. Open to all parents and students. Stay tuned for more details!

INTERESTED IN GOING TO THE STATES?

We are looking into offering more to our students who are thinking of going down to the States for school. To go down to the States for post-secondary, you will need to write the SAT's and this exam requires some preparation and practice. There's a lot of valuable study help available. If you are interested in writing the SAT this fall, please see Mrs. Morrison ASAP

Post Secondary Open House Dates 2019-2020

School Name	Location	Important Dates
Alberta University of the Arts	Calgary	List of events found here: https://www.auarts.ca/future-students/campus-tours-and-events
Ambrose University	Calgary	November 1 & 2, 2019
Augustana Campus (UAlberta)	Camrose	October 18, November 23, February 8, & March 20
University nuhelot'ine thaiyots'i nistameyimâkanak Blue Quills	St. Paul	Visit the campus or call 780-645-4455 for questions
Bow Valley College	Calgary	October 19, 2019 @ 10am-3pm
Concordia University of Edmonton	Edmonton	October 19, 2019 @10am-2pm ** FREE APPLICATIONS **
Grande Prairie Regional College	Grande Prairie & Fairview	November 8, 2019
Keyano College	Fort McMurray	Book a campus tour by calling 780-791-4884
Kings University	Edmonton	October 5, 2019 @ 10am - 2pm ** FREE APPLICATIONS **
Lakeland College	Vermilion & Lloydminster	October 25 & 26, 2019 @ 9am - 3pm ** FREE APPLICATIONS **
Lethbridge College	Lethbridge	November 7, 2019 & February 8, 2020
MacEwan University	Edmonton	November 2, 2019
Medicine Hat College	Medicine Hat	Check out campus events and sign up for a tour at https://www.mhc.ab.ca/FutureStudents/ExperienceMHC/Visit-MHC/VisitUs/VisitUs
Mount Royal University	Calgary	October 26, 2019
NAIT	Edmonton	October 18, 2019 @ 9am-3pm & October 19, 2019 @ 10am - 3pm
NorQuest College	Edmonton	October 26, 2019 @ 9am-3pm
Olds College	Olds & Calgary	October 18, 2019 @ 10am-3pm (in Olds) & October 19, 2019 @ 10am - 2pm (in Calgary)
Portage College	Various Locations	St. Paul: October 3, 2019 @ 4:30-6:30pm Lac La Biche: October 7, 2019 @ 4:30-6:30pm Cold Lake: October 9, 2019 @ 4:30-7:00pm
Red Deer College	Red Deer	November 2, 2019 @ 10am-1pm
SAIT	Calgary	October 18 & 19, 2019 @ 9am-3pm
St. Mary's University	Calgary	November 2, 2019 @ 10am-2pm
University of Alberta	Edmonton	October 19, 2019
University of Calgary	Calgary	October 5, 2019 @ 10am-3pm
University of Lethbridge	Lethbridge	October 26, 2019
University of Saskatchewan	Saskatoon	September 27, 2019

Post-Secondary Night on November 5, 2019 @ 6:30pm - 7:30pm in the gym of St. Paul Regional High School. Come learn about different post-secondary schools and explore your options!!

SchoolCashOnline

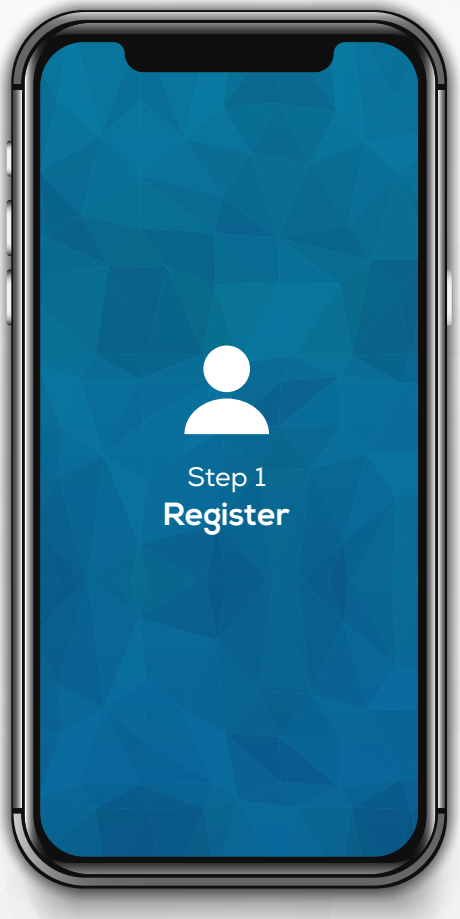
https://sperd.schoolcashonline.com/

Welcome to SchoolCashOnline

Fast. Safe. Convenient.

For safety and efficiency reasons, St. Paul School Division would like to reduce the amount of cash & checks coming into our schools. Please join the thousands of parents who have already registered and are enjoying the convenience of paying ONLINE!

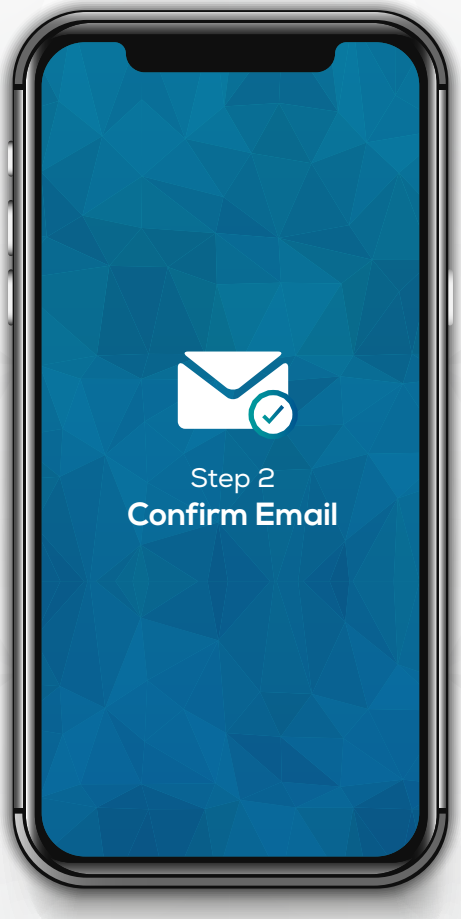
It takes less than 5 minutes to register. Please follow these step-by-step instructions so you will begin to receive email notifications regarding upcoming events involving your child.



Go to **https://sperd.schoolcashonline.com/**

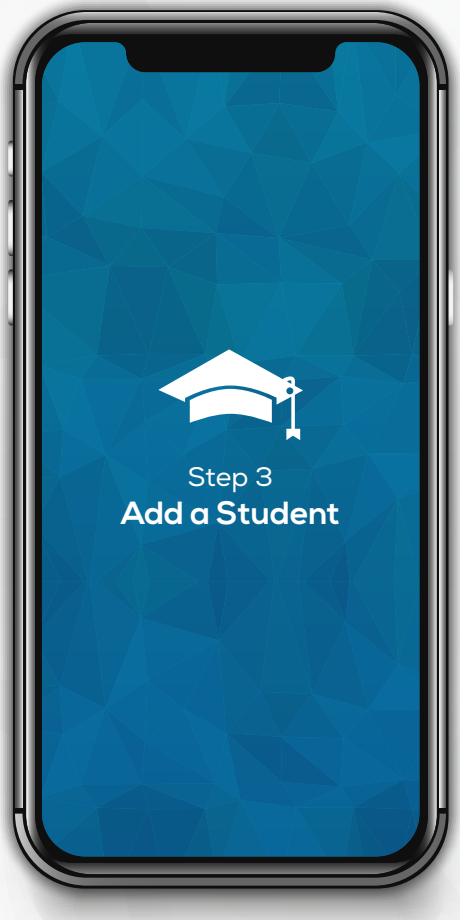
and click on **Register.**

- ✓ Enter in your first name, last name, email and create a password.
- ✓ Select a security question.
- ✓ Check YES to receive email notifications



A registration confirmation email will be forwarded to you. **Click on the link provided inside the email** to confirm your email and School Cash Online account (check spam).

The confirmation link will open the School Cash Online site, prompting you to **sign into your account**. Use your email address and password to log in.



This step will connect your child to your account.

a) Enter the **School Board Name**.
b) Enter the **School Name**.
c) Enter Your Child's **Student Number, Last Name and Birth Date**.
d) Select **Continue**.
e) On the next page confirm that you are related to the child, check in the **Agree** box and select **Continue**.
f) Your child has been added to your account.

If you require assistance, select the **SUPPORT** option in the bottom right hand corner of the screen or go to helpdesk.supportschoolcashonline.com

KEVGROUP

© 2019 All rights reserved

St. Paul Education
Regional Division No.1

August 29th, 2019
Board Meeting Highlights

4313-48 Avenue, St. Paul, Alberta T0A 3A3 Tel: (780)645-3323 Fax: (780)645-5789 www.stpauleducation.ca

Education Act/Regulations Updates: The Education Act and associated regulations have been passed by the Province and come into effect on September 1, 2019. As part of these new regulations, the Government of Alberta has implemented name changes for most school divisions. St. Paul Education Regional Division #1 is now legally known as St. Paul School Division. The Division will be reviewing the suitability of the new name. Other changes include a universal kindergarten entry age, school fees, transportation changes and a requirement for two external audit committee members.

ASBA Advocacy/Zone Meeting: Meeting has been scheduled and the agenda has yet to be released.

SPRHS Athletic Parent Association Request: The school parent group would like to request a letter of support and a financial contribution from both the Town of St. Paul and County of St. Paul for the purchase of a new bus. As per AP520 School Fundraising, the request for letters of support from municipalities was approved without the request for a financial contribution.

SUPERINTENDENT'S REPORT

- Registration is underway however, enrollment numbers are unknown at this time.
- The provincial Education budget has yet to be released so uncertainty remains around grants such as the Nutrition Grant and CIF. Schools will continue to offer a breakfast program similar to before the grant release.
- The updated Accountability summary has been shared with school divisions although the summary currently lacks the most recent standardized test data which should be available in late September.
- St. Paul School Division will be hosting a second Amazing Race Canada viewing party at Racette on Tuesday Sept. 3, 2019.

Capital Projects

- THMS - Ongoing sod replacement and ramp remediation are underway.
- Ashmont -The project is on hold owing to receivership issues and St. Paul School Division has not received an update as of today's date. The majority of the outstanding work is the exterior site work. No date for a Grand Opening will be set until a completion date is known.
- CTEC - The building had a ceiling failure while unoccupied on July 25, 2019. The Village of Myrnam has prepared a letter to the Board of Trustees. The CTEC classrooms and shop area should be ready for student use in mid-September.

See Regular Board Meeting Minutes on our website at www.stpauleducation.ab.ca